



## Physical Education and Sport Grant expenditure:

### Report to parents: 2018/19

We continue to receive the Physical Education (PE) and Sports grant during 2018-2019. The Grant is allocated to maintained schools and academies, for children of statutory school age. The needs of each school will vary and therefore the Government has given schools the freedom to decide how best to spend their funding. This year the funding has remained the same amount due to the Government's pledge to equip all children with the skills and knowledge required to participate in a healthy lifestyle.

Physical activity has a huge potential to enhance our wellbeing and mental health. Even a short 10-minute walk can increase our mental alertness, energy and positive mood. Regular physical activity can increase our self-esteem and reduce stress and anxiety. Our programme of Physical Education is designed to encourage and teach the skills required for a positive healthy lifestyle.

Germander Park School continues to give PE and Physical Activity a high profile and the allocated funds for Germander Park School for 2018-2019 are £16,620

#### [The Purpose of the Grant](#)

The funding must be used to fund improvements to the provision of PE and sport for the benefit of primary-aged pupils. During 2018/19 we will be focussing on the five outcomes for High Quality PE and Sports provision.

Schools are free to spend the PE and Sport Grant as they see fit, providing it is meeting the above criteria. However, we are held accountable for how we have used the additional funding to support pupils. From April 2014 schools have been required to publish online information about how we have used the Grant. This will ensure that parents and others are made fully aware of the impact it has had.

Number of pupils and PE and Sport Grant received	
Total number of pupils on roll	98
Total number of pupils 5+ and eligible on 01.03.19	84
Total amount of PE and Sport Grant received	£16,620

## Nature of support 2018/19

The funding received has been allocated in the following ways towards the five key outcomes:

- 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles**
  - *Daily lunchtime walk - £1990*
  - *Free lunch club – £280*
  - *A GPS water bottle for every child - £113*
  - *Inspection and maintenance of sports equipment - £320*
- 2. The profile of PE and sport being raised across the school as a tool for whole school improvement**
  - *Replacement of resources / new resources - £1086*
  - *New fenced area - £695*
- 3. Increased confidence, knowledge and skills of all staff in teaching PE and sport**
  - *CPD teaching sessions - £3690*
  - *Class teachers delivering lessons fully trained - £2657*
- 4. A broader range of sports and activities offered to all pupils**
  - *A dance coach to provide choreography and teaching of dances for Christmas production - £750*
  - *Trips, including Year 2 visit to Caldecotte - £1575*
  - *Forest school resources, sessions and maintenance - £2935*
  - *KS1 Yoga lessons - £420*
- 5. Increased participation in competitive sport**
  - *Support from Sports Coaching to plan and deliver competitive sessions and sports day- £75*

*Total spent - £16589.03*

## Impact of PE and Sport spending 2018/19

Every week each pupil takes part in a High Quality PE sessions offered by either a sports coach or the class teacher. Teaching Assistants are used to support these sessions. The session taught by the sports coach also offers a CPD session for teaching staff.

- 1. The engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles**
  - *After school clubs are now over subscribed*
  - *Skills learnt at clubs are demonstrated within PE sessions*
  - *Targeted clubs have had a positive impact on children's play skills and team building capabilities.*

- *Skills and games learnt at clubs are being played at lunchtime*
- *All KS1 children able to take part in a daily walk – thus reducing stress and anxiety levels*
- *Safety of equipment is ensured*
- *Children stay hydrated during PE*

## **2.The profile of PE and sport being raised across the school as a tool for whole school improvement**

- *The level of children whole body control, concentration and ability to follow complex instructions has increased*
- *New resources enable staff to provide HQ PE.*
- *New resources support game play at lunch and break times*
- *Staff are learning new skills and incorporating them across the curriculum*
- *Team building skills learnt at Caldecotte used across curriculum*
- *Children are able to access physical activities outside during class time*

## **3. Increased confidence, knowledge and skills of all staff in teaching PE and sport**

- *New sports are being offered to pupils*
- *Staff are planning new high quality lessons based upon what they have learnt*
- *Staff confidence in use of equipment in lessons enhanced*
- *Staff report greater levels of wellbeing after daily walk*

## **4. A broader range of sports and activities offered to all pupils**

- *Quality of Christmas production was enhanced by the dance routines learnt*
- *Children are able to show their skills across a range of subjects, thus having a positive impact on confidence and self esteem*
- *Children aware of how even walking counts as exercise*
- *New and exciting physical activities in Forest school to encourage working together*
- *KS1 Yoga encourages physical and mental wellbeing*

## **5. Increased participation in competitive sport**

- *The sports day will be planned by a Sports coach*
- *CPD sessions to focus on competitive games during Summer term.*